**Top websites to find out more**

1. <http://www.thinkuknow.co.uk/> Run by the police, this up to date website has lots of information about staying safe online.
2. <http://www.internetmatters.org/> Run by a collection of UK internet service providers, this websites keeps a very up to date list of popular websites and apps. It the best place to find out about what these websites and apps do.
3. <http://www.childline.org.uk/Pages/Home.aspx> Covering a range of issues facing children ChildLine is a good resource to use with your children when talking about these issues
4. <http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers> A good general resource site with easy to follow how to guides.
5. [www.cybermentors.org.uk](http://www.cybermentors.org.uk/) Peer to peer support network for young people who are being bullied
6. [www.ceop.police.uk](http://www.ceop.police.uk/) Report suspected online grooming – this could be sexual chat, a child being asked to do something that makes them feel uncomfortable or someone insisting on meeting up.
7. Your own Internet Service Provider’s website will give you information and how to guides for setting up protective barriers